

You've Asked, We Listened!
 WE ARE HERE FOR YOU! NEW Resources & MORE Webinars!

Cancer Hasn't Stopped. Neither Has Our Support.

Imerman Angels is here for YOU. We understand these uncertain times create many questions regarding the virus and what it means for cancer fighters, survivors, previvors, and caregivers. This is why Imerman Angels is dedicated to not only providing you with peer-to-peer connections, but also with these new resource packets with more information to help you navigate the ever-changing news surrounding COVID-19. This third packet includes news publications, access to cancer-related webinars, tools to cope with stress, and reputable links to helpful resources.


We will be highlighting touching stories from Mentees and Mentor Angels who have found comfort in connecting with a fellow cancer fighter, survivor, previvor, or caregiver during this time. We'd love to hear your story! Please call us at (224) 358-3917 and share your influential experience with us and encourage others to start receiving their life-changing connection today.


Spread the Word!

Imerman Angels is committed to providing our community with comfort and understanding through making connections with someone who has been there. Share our program with someone facing cancer in need of a one-on-one connection that can make all the difference during these trying times.



CONTACT US

 Call (877) 274-5529
 Monday to Friday, 9am to 5 pm CST

 Leave a message 24 /7 and a Cancer Support Specialist will return your call the next business day.

 Visit <https://www.imermanangels.org>

Request Support

Are you a cancer fighter, survivor, caregiver or previvor looking for comfort and support through a free, personalized one-on-one connection?

[CLICK HERE](#)

Become a Mentor

Have you or a loved one been touched by cancer and are ready to provide psycho-social support, empathy and understanding to a cancer fighter or survivor?

[CLICK HERE](#)

Cancer & COVID-19 Resource Collection

Explore this new collection of resources, including webinars, articles, and Spanish resources, bringing you advice from the leading cancer experts to help you manage your health and overall well-being during these uncertain times.



RECORDED
WEBINARS:

[Brain Tumors](#)

[COVID-10 Relief Resources](#)

[Bone Marrow Transplant](#)

[Cancer Care During COVID-19](#)

[Live With the Experts](#)

[Melanoma](#)

[Patient Power COVID-19](#)

[Stupid Cancer COVID-19](#)

[Lung Cancer](#)

[Navigating Care in Uncertain Times](#)

[Breast Cancer](#)



ADDITIONAL
RESOURCES:

[Financial Support](#)

[Changes to Insurance, Finances, & Work](#)

[World Health Organization Guide](#)

[Living Beyond COVID](#)

[National Cancer Institutes Guide](#)

[AYA: Stronger Together](#)

[Fertility Preservation for Patients](#)

[Protecting Yourself from COVID-19](#)

[COVID & Clinical Trial Operations](#)

[Cancer & Finances](#)

[Loss & Grief](#)



SPANISH
RESOURCES:

[COVID-19 Fact Sheet](#)

[COVID-19 Relief Resource](#)

[CDC COVID-19](#)

[AARPCOVID-19 Q&A](#)

[FEMA Virus Rumor Control](#)

[COVID-19 & Pregnancy](#)

[Latinas Contra Cancer](#)

[Gilda's Club Programas en Espanol](#)

[Healthy Living](#)

[Latino Cancer Institute](#)

[Redes En Accion](#)

Imerman Angels Special Features

People



People Magazine featured Imerman Angels in a story! Brad Aronson wrote his book, "Human Kind", while his wife was going through cancer treatment. As a response to a lack of positive news in the media, Aronson wrote this book to shed light on all of the good things happening in the world.

His wife Mia is a leukemia survivor and Imerman Angels Mentor Angel committed to helping cancer fighters!

[READ HERE](#)

ESSENCE



Essence Magazine featured Imerman Angels in a story! Imerman Angels Mentee, Robin Davis publishes her powerful journey with breast cancer while abroad in Paris and managing herself through the unsettling times of COVID-19.

She gratefully shared the Imerman Angel Resource Packet for those in search of understanding and support.

[READ HERE](#)

Stay Connected

Click the links below to access a variety of virtual meetups that bring the spirit of in-person events online while protecting our health.

- [Gilda's Club Virtual Events \(MANY different activities\)](#)
- [Stupid Cancer Collection of Interactive Webinars](#)
- [The Herd AYA Virtual Hang Outs](#)
- [Teen Cancer America Game Nights Every Thursday](#)
- [GRYT Health Daily Meet Ups](#)
- [Digital Meet-Up: Pet Takeover](#)
- [Digital Doodles & Drinks](#)
- [Hump Day Humor: Improv Workshop](#)
- [Lunch Break Netflix & Chill](#)
- [Elephants and Tea Virtual Happy Hour](#)
- [First Descents AYA Instagram Live Events](#)
- [AYA Lounge Night](#)
- [Variety of Wellness Activities & Support Groups](#)



Time for Self Care

Explore these activities to produce more positive feelings and boost your confidence and self-esteem.

- ["Let's Meet in the Kitchen" Cooking Live Stream](#)
- [Free Online Yoga4Cancer Classes](#)
- [Cancer Care Meditation](#)
- [Cancer & Your Mental Health Summit](#)
- [Mindfulness When Our Minds are Full Webinar](#)
- [Single & Socially Isolated: Dating from Home Webinar](#)

Click & Download the Apps below to help manage stress and anxiety.



Your Story Matters!



"Jaelyn has shown me incredible support by allowing me to express my concerns in a safe, nonjudgmental environment. She has validated the emotions that I've been afraid or even ashamed to express and has helped me recognize that a full range of reactions is completely normal in this situation. She's also given me candid insight into her journey while taking care not to suggest that hers is the only right path. She's shown me what options are out there and how to take control of my health journey!"



--Morgan
Previvor Support Seeker

IMERMAN ANGELS STRONG

"It's important that we share our experiences with other people. Your story will heal you and your story will heal somebody else. When you tell your story, you free yourself and give other people permission to acknowledge their own story."
-Iyanla Vanzant

The feelings of anxiety, fear, and uncertainty brought by COVID-19 are new for some, but the Imerman Angels community knows first hand how to channel these emotions into strength that not only helps us persevere but helps us define a new way of life.

TELL US YOUR STORY

SHARE HERE

OR



CALL US AT
(224) 358-3917

[Click here](#) to stay connected by signing up for our Newsletter!

DONATE

